



Pakistan Psychiatric Society

(Promotion of Mental Health-A Social Capital)

To,

Ref # 0612/PPS, 30-11-2020

President

Prof. Dr. Muhammad Iqbal Afridi

Past President

Prof. Dr. Nasar Sayeed Khan

President Elect

Prof. Dr. Imtiaz Ahmad Dogar

Vice Presidents

Prof. Dr. Ghulam Rasool

Prof. Dr. Niaz Maqsood

General Secretary

Dr. Mian Mukhtar ul Haq Azeemi

Past General Secretary

Prof. Dr. Moin Ahmed Ansari

Information Secretary

Dr. Washdev

Treasurer

Dr. Ijaz Gul

Provincial Secretary

Dr. Hazrat Ali Khan (Balochistan)

Dr. Jamil Junejo (Sindh)

Dr. Imran Khan (KPK)

Dr. Sharif u Zaman (AJK)

Prof. Dr. Altaf Qadir Khan (Punjab)

Dr. Abdul Wahab Yousafzai (Federal)

Executive Members

Dr. Asad Tamizuddin Nizami

Dr. Ali Burhan Mustafa

Prof. Dr. Raza ur Rehman

Dr. Sumira Qambar Bokhari

Dr. Ali Ahsan Mufti

Dr. Qazi Rashid Hamid

Prof. Dr. Asad Aslam Khan (S.I)
Chief Executive Officer,
Mayo Hospital, Lahore.

Sub: - **Essential mental health & wellbeing services in Lahore/Punjab during COVID-19 pandemic**

Dear Sir,

This is to bring to your kind attention, that some inpatient beds of the Academic Department of Psychiatry & Behavioral Sciences, King Edward Medical University/Mayo Hospital, Lahore are being diverted for other medical services.

As you know, the Academic Department of Psychiatry & Behavioral Sciences, King Edward Medical University/Mayo Hospital, Lahore is the oldest and largest in Punjab, and established in 1964. It has been providing crucial and much needed Mental Health Services for the patients in Lahore. In addition, Tele-psychiatry Services are provided by the Postgraduate Trainees, Medical Officer & Consultants of this department since the onset of Covid-19 Pandemic in March 2020. The Department is Government of the Punjab designated "Psycho-trauma Centre" for all Mental Health Services, collaborating with World Health Organization (WHO), High Education Commission (HEC), Ministry of National Health Services Regulations & Coordination (NHSRC), Specialized Healthcare & Medical Education (SHC&ME) and all departments of Psychiatry in Punjab on the platform of Pakistan Psychiatric Society (PPS).

With the ongoing Covid-19 Pandemic, the Mental Health Services need to be enhanced and expanded all over Pakistan; keeping in mind the mental health challenges, suicide, deliberate self-harm, substance abuse in students and society at large. We would request that you allocate additional resources including in-patient beds and further add positions for Consultants, Postgraduate Residents, Medical Officers and Psychologists.

On behalf of Pakistan Psychiatric Society, I would request that the Academic Department of Psychiatry & Behavioral Sciences, King Edward Medical University/Mayo Hospital, Lahore should allocate additional beds for the provision of crucial mental health services and that no beds or resources are diverted from the existing services. My recent inspection visit through College of Physicians and Surgeons Pakistan (CPSP), led to the recognition of the Academic Department of Psychiatry & Behavioral Sciences, King Edward Medical University/Mayo Hospital as the first "Child & Adolescent Psychiatry Training Centre" for second FCPS in the country. I am afraid that disturbing the existing mental health services at your distinguished institution may result in not fulfilling the criteria of CPSP and leading to the de-recognition of the department overall.

Thank you for your time and consideration.

Regards

Prof. M. Iqbal Afridi FCPS, FRCP
President, Pakistan Psychiatric Society
Dean, JPMC, JSMU & Faculty of Psychiatry, CPSP

CC:-

1. Dr. Arif Alvi, President of Pakistan.
2. Dr. Faisal Sultan, Special Assistant to Prime Minister on Health.
3. Prof. Dr. Yasmin Rashid, Health Minister of Punjab, Specialized Healthcare & Medical Education (SHC&ME).
4. Barrister Mr. Nabeel Ahmad Awan, Secretary Specialized Healthcare & Medical Education (SHC&ME).
5. Prof. Khalid Masud Gondal, The Vice Chancellor, King Edward Medical University, Lahore.

Secretariat Address: Department of Psychiatry, Lady Reading Hospital, Peshawar, KPK, Pakistan.

Ph: 091-9211400, Fax: 091-9211401 Email: info@ppspk.com Web: www.ppspk.com