## Pakistan Psychiatric Society Honours & Titles

The President PPS, Prof. M. Iqbal Afridi & his Cabinet (2019-2020)

Conferred Honours & Titles to Recognise the Academic Services & Significant Contributions Made by Individuals Who Have Championed Awareness and Understanding of Mental Health Issues Through Public Engagement, Community Cohesion, Promotion or Scientific Research In Brain Sciences, Glocally.



"Most Distinguished Son of Psychiatry"

Conferment: January 2020

Recipient Profile:

Knighthood Of Noor

Companion Of White Swan

Emeritus Meritorious NHS Consultant Psychiatrist

President, Brain Trust UK (India, Pakistan & Bangladesh)

Chairman, Policy Research Inst. On Mental Health Of Minorities

Chairman, Health Advisory Board Union Of Muslim Org. UK & Europe

President, International Health Foundation

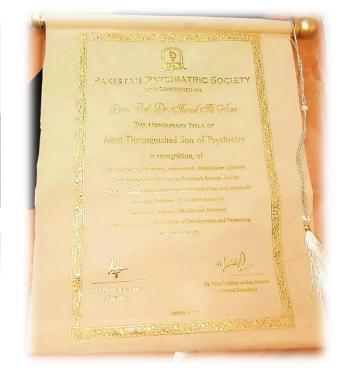
Vice President, World Association Of Muslim Psychologist & Psychiatrists

Freeman City Of London

Life Fellow The Royal Society Of Medicine

World Peace And Prosperity Award, House Of Lords UK







"SCROLL OF APPRECIATION"

Conferment: January 2020

Recipient Profile:

Officer of British Empire

Knight of the Order of the White Swan

Chevalier of the Order of Champagne

International Chess Grandmaster

Former British Chess Champion & Gold Medalist in European Championship

Co-Founder, World Memory Championships

Global President, World Memory Sports Council.

Chair, Outside in Pathways

President, Governing Council of Institute of Brain Chemistry and Human Nutrition,

Imperial College London

Chair/ President of the Mother and Child Foundation Charity.

Freeman City Of London







"SCROLL OF APPRECIATION"

Conferment: January 2020

Recipient Profile:

Order of the Rising Sun (Japanese Government)

Director, Institute of Brain Chemistry & Human Nutrition,

Imperial College London

Founder Trustee, Mother and Child Foundation & Little Foundation

President, McCarrison Society

International Prize for Modern Nutrition (1995)

Hoffman la Roche Centenary Award (1996)

Danone Chair, University of Gent for the Millennium

Gold Medal from the Government of Oman (2009)

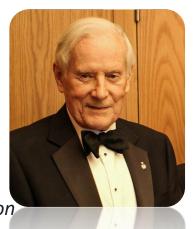
Hall of Fame, Royal Society of Medicine (2010)

Chevreul Medal (2015)

Avicenna Medal in 2015 for ethics in science and peace

Alexander Leaf Distinguished Scientist Award for Lifetime Achievement (2016)

Freeman of the City of London (2017)







"Distinguished Global Psychiatrist"

Conferment: February 2020

Recipient Profile:

President, World Psychiatric Association (2020-2023)

Immediate Past President, Asian Federation of Psychiatric Associations

Past President, World Association for Psychosocial Rehabilitation

Immediate Past Executive Secretary, Scientific Sections World Psychiatric

**Association** 

Advisor & Founder Secretary General of South Asian Forum on Mental Health & Psychiatry

Advisor SAARC Psychiatric Federation (SPF)

Founding Secretary General Asian Federation of Psychiatric Associations Immediate Past Co Chairman/Founder office Bearers WPA Section, Psychiatry in Developing Countries

Chairman Pakistan Psychiatric Research Centre, Fountain House, Lahore Pakistan





"Golden Champion of Mental Health"

Conferment: October 2020

Recipient Profile:

Founding Member, Pakistan Psychiatric Society

President, Pakistan Association for Mental Health

Professor Emeritus, Department of Psychiatry & Behavioural Sciences, JPMC

Director, Psychosocial Centre, Karachi

Former Professor and Head of the Department of Psychiatry, JPMC

Former Hon. Secretary General of Pakistan Medical Association

Former Chairman, Journal of Pakistan Medical Association

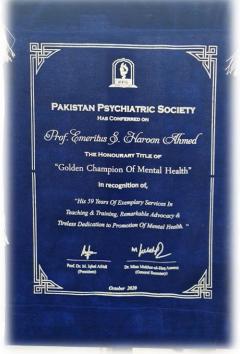
Vice Chairman, International Physicians Against Nuclear War (IPPNW) and

Founder Member, Pakistan India People's Forum for Peace and Democracy (PIPFPD)

Former Chairman, Royal College of Psychiatrists, South Asia Division.

President, Adhoc Committee, Society for Secular Pakistan.







"Eminent Pakistani Psychiatrist 2020"

Conferment: October 2020

## Recipient Profile:

President's Program for the Care of Highly Qualified Professionals (PPQP) Educational Scholarship Award 2012-2014 (Govt. of Pakistan) Teaching and Evaluation - Fulbright and Jaworski Award, BCM (2012) Educational Leadership- Fulbright and Jaworski Award, BCM (2014) Rising Star Clinician Award, BCM (2014) Chair for Mental Health America Houston Clark Faculty Service Award (2020), BCM Allies of Women of Excellence Award 2020

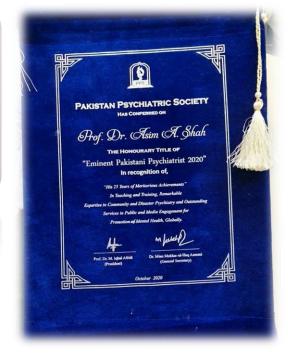
Co-chair, Public Health Committee for Mayor Houston for COVID.

Member, Health Equity Response Task Force for Mayor and

Chair, Mental Health Task Force Fort Bend County

Foreign Minister of Pakistan's 2020 Honor List-"Health and Media Expert" (2020)







"SCROLL OF APPRECIATION"

Conferment: December 2020

**Recipient Profile:** 

**HE Marquis of Evora-Monte** 

Chancellor, The Gifted Academy

Dean, Institute of Brain Chemistry and Human Nutrition

Chairman, Commonwealth Development Trust

Chairman, Global Environmental Secretariat

Chairman, Academic Board of the Georgia & Caucasus Strategic Studies Institute

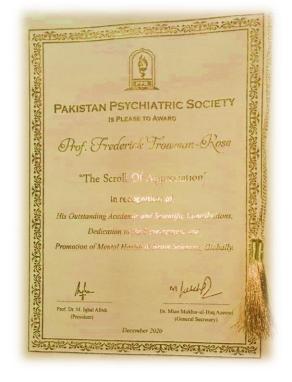
General, Royal Georgian Legion

Ward Beadle, City of London (the world's oldest elected office)

Liveryman, City of London

Honorary Clerk of Southwark Borough Courts







"Eminent Advocate of Mental Health"

Conferment: December 2020

Recipient Profile:

Sitara e Imtiaz

Chief Editor, Journal of Pakistan Psychiatric Society

Chairman, The Healing Triad-Pakistan

Honorary Chair, Department of Behavioural Sciences, UHS, Lahore

Director General, NUST Centre for Trauma Research and Psychosocial Interventions.

Patron, EMDR Pakistan and the

Founding Secretary General, EMDR Asia

Honorary Professor at Robert Gordon University, UK. An author of twelve books, and more than fifty national and international publications, he was declared the Best University Teacher-Medicine, by Higher Education Commission, Pakistan (2007)

Founding Commandant, Armed Forces Institute of Mental Health.

Former Dean, Faculty of Psychiatry of College of Physicians, and Surgeons, Pakistan.







"Distinguished Patron of Psychiatry"

Conferment: December 2020

Recipient Profile:

Fellow, Royal College of Psychiatry, UK

Third Psychiatrist of Pakistan and First Psychiatrist of KPK

Former Medical Superintendent, Dhodial Mental Hospital

Former Medical Superintendent, Peshawar Mental Hospital

Former Administrator, Lahore Mental Hospital

Pioneer, Psychiatric OPD, Lady Reading Hospital.

Professor and Head of Department of Psychiatry, KMC, KPK

Pioneer, Postgraduate Training in Psychiatry, KMC

Pioneer Examiner, Post Graduate Psychiatry, Pakistan

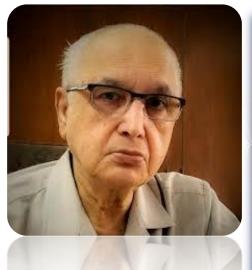
Pioneer, Medico-legal system of Psychiatry, KPK

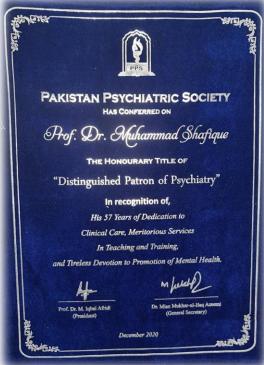
Pioneer, UN Drug Abuse Program unit, KMC,

Provincial coordinator, WHO taskforce on drug abuse (KPK & Afghanistan).

Former Member, Public Service Commission & Hon. Group Captain, Pakistan Airforce Former Member, Academic Council of KMC.

Founder, Parents Association and Students' Counselling Service, KMC, Peshawar Pioneer, Shafique Education Program, Pakistan







"Distinguished Global Psychiatrist"

Conferment: December 2020

Recipient Profile:

Fellow, Royal College of Psychiatrist FRC Psych January (1989)

Distinguished Fellow, American Psychiatric Society (2012)

Former Zonal Representative of WPA Zone 15 (elected twice)

Former Chair South Asian Division, Royal College Of Psychiatrists, UK

Former, Principal/Dean, Khyber Medical College, Peshawar

Former Head of Department of Psychiatry, PGMI, Lady Reading Hospital, Peshawar.

Former Vice President, Eastern Pacific Region, World Association of Psychiatric Rehabilitation

Special award (1986) & Gold Medal, Pak Red Crescent Society, (1986, 87 and 99)

Member, Federal Mental Health Authority, Govt. of Pakistan

Chief Executive & Medical Director, Ibadat Hospital, Peshawar

Chairman Horizon Welfare NGO, Pakistan.







"Great Beacon of Global Mental Health"

Conferment: December 2020

Recipient Profile: Member Syndicate &

Co-Chairman, Board of Advanced Studies & Research, RMU

Founder and Director, Center for Global Mental Health Pakistan

Director, WHO Collaborating Center, Mental Health Research & Training

Secretary, Federal Mental Health Authority

Professor, Public Mental Health & Research, GIHD, Shifa Tameer-e-Millat University, Islamabad Chapter Head, SEBoD(Socio Economic Burdens of Depression Forum), Pakistan Member, Board of Studies for Medicine, UHS, Lahore

Member, Faculty of Behavioural Sciences, Fatima Jinnah Post Graduate Women University Co-ordinator, Mental Health, Heartfile, Pakistan

Director, INSPIRE, research capacity link between RMC and University of Liverpool, UK Former Professor and Head, Institute of Psychiatry, Rawalpindi Medical College, UHS Former Professor of Psychiatry & Head, Institute of Psychiatry, RMU, Punjab Former Dean, Faculty of Psychiatry, College of Physicians & Surgeons Pakistan

